

**January
2023**

Billings
Walk
To
Emmaus

W2E Times

**Important
Dates!**

MEN's W2E, #80
January 19-22, 2023

WOMEN's W2E, #81
January 26-29, 2023

RETREAT
January 14, 2023
9:00 am

POTLUCK
February 4, 2023
5:00 pm

Contact us...

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Emmaus"

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**Our beloved weekends
are almost here!**



Men – January 19-22, 2023

Women – January 26-29, 2023

REGISTRATION – Thursday at 7:00 pm

SPONSOR SERVICE – Thursday at 7:30 pm

CANDLELIGHT – Saturday at 5:45 pm

RISE & SHINE – Sunday at 5:45 am

CLOSING SERVICE – Sunday at 3:30 pm

**Please plan to attend these events
with your Fourth Day friends.**

**Your presence will be a
true blessing to the pilgrims.**

SPIRITUAL THOUGHTS

APPLES DO NOT MAKE
THE TREE ALIVE, BUT
THEY PROVE THAT THE
TREE IS ALIVE.

WHEN BATTERED BY A
WIND, DON'T TELL GOD
HOW GREAT THE STORM
IS...INSTEAD TELL THE
STORM HOW GREAT
GOD IS.

BECOMING A CHRISTIAN
DOES NOT PREVENT SIN'S
INFLUENCE ON YOUR LIFE,
BUT IT DOES PREVENT
SIN'S POSSESSION OF
YOUR LIFE.

THE BIBLE IS GOD'S FULLY
STOCKED MEDICINE
CABINET.

WHENEVER YOU FEEL
INSIGNIFICANT,
REMEMBER HOW
IMPORTANT YOU ARE TO
GOD.

YOU NEVER EXPERIENCE
GOD'S GRACE MORE
THAN WHEN YOU
NEED IT.

WANT TO KNOW THE
COOLEST THING ABOUT
THE ONE WHO GAVE UP
THE CROWN OF HEAVEN
FOR A CROWN OF
THORNS? HE DID IT FOR
YOU...JUST FOR YOU.

Grouping with Other Fourth Dayers

Of the many blessings we receive from our Walk to Emmaus weekends, I feel two stand as so very important. One is the joy of sponsoring or paying it forward. As our sponsors said, "it is the greatest gift you can give anyone." And the second is grouping and the benefits of grouping are far reaching. It helps you stay connected to the men or women you have attended your amazing weekend with, plus it keeps you connected with the entire Walk community.

Like many, I have been blessed with two 4th Day groups since my Walk in 2007. Our first group met weekly on Monday mornings, and it was a great way to start our week. We diligently followed the group reunion card starting with a prayer to the Holy Spirit along with discussing our past week of how God was influencing us into action. It is always amazing to hear how our Lord is working in other people's lives and is so vital to be able to share personal issues and concerns knowing that our discussions are private and will remain within the group. We are so close and have become such trusted friends over the years. We also study a chapter in the Bible each week for discussion along with learning how to apply it to our lives. I feel it is very important to have structure to your meetings, so it doesn't turn into a coffee clutch, and you lose members due to lack of interest. I think another vital component to keeping your group viable is being open to inviting new members to join your group when the occasion arises.

Because of moving and unfortunately death, our first group shrank to 2 members. However, Dave and I were blessed once again to have new 4th Dayers join us and now are group meets on Monday evenings. I feel a good number for grouping is 5-8. Any more than that and it is tough for everyone to contribute to the discussion, but invariably 1 or 2 may miss due to family or work commitments. As for me, grouping has become a very important part of my walk with our Lord, and I am so very grateful for my 4th day group. I feel if I was not part of my group my Walk weekend would have just turned into an amazing 3 ½ days and then I would be off the grid and would have slipped back into my old ways! I am very thankful how my group keeps me connected and holds me accountable to our gracious God. If you are not part of a small group, please get connected to one and experience the many pleasures that a group has to offer.

Many Blessings,
Murray Brumwell

ONE SENTENCE
PRAYERS

Jesus, thank You for loving and sustaining me in times of burden and stress. Amen.

Here I am, Jesus—work through me. Amen.

Jesus, please teach me to walk in Your wisdom and freedom. Amen.

Jesus, my trust and hope are in You forever. Amen.

Jesus, give me promises to hold on to, and help me understand and love Your Word more every day. Amen.

Jesus, heal me through the power of Your Word. Amen.

Jesus, I fix my eyes on You—pressing on to take hold of all You have for me. Amen.

Jesus, give me the courage to always obey You no matter the pressure. Amen.

Potluck

Everyone Brings Something to the Table.

February 4, 2023 at 5:00 pm

Please plan to attend this gathering with your family and welcome our new Fourth Dayers! Bring a main dish, salad or dessert. Plates, utensils & beverages will be provided. Let's fill Brother Van Hall with joyful fellowship and great food! See you there.



Participating in the prayer vigil is one of the greatest blessings we can offer to the participants of the Walk to Emmaus weekends. Let's fill every slot on the vigil and cover every moment of these beautiful weekends with our heartfelt prayers.

You can sign up for the Men's and Women's prayer vigils at billingsemmaus.com. Type your name in a few 30 minutes slots. You must scroll to the bottom of the page and click on "I'm not a robot" and "submit".



His Hands are Bigger

There's a story about a little boy who accompanied his father to a store. After the father had paid for his purchase, the clerk invited the child to help himself to a handful of candy. The youngster held back. "What's the matter? Don't you like candy?" asked the clerk. The child nodded, and smilingly, the clerk put his hand into the jar and dropped a generous portion into the little boy's pockets. Afterward, the father asked his son why he hadn't taken some candy when the clerk first invited him to. "Because his hand is bigger than mine," replied the boy. That's the way God is. His hand is bigger than ours. He will always do more for us than we can conceive—if we leave the choice with Him.

His Father's Workshop

In 1818, a little 9-year-old Louis was sitting in his father's workshop outside of Paris, France. His dad was a harness maker, and Louis loved watching his father work. He even aspired to one day be a harness maker just like his father.

So, his dad began teaching him the skill of cutting the pieces and punching the holes in the leather. But once when Louis hit the hole-puncher, it flew out of his hand and pierced his eye, leaving him fully blind. This led to an infection that spread to his other eye and eventually cost him his eyesight in that one as well.

Years later, Louis was sitting in the garden when someone handed him a pinecone. As he ran his fingers over the ridges, an idea came to mind: What if the blind could learn to read with their hands?! So, Louis Braille created an entire alphabet with raised dots, enabling millions of blind men and women to read to this very day.

Walk to Emmaus Retreat

9:00 am–1:00 pm, January 14th, 2023 at First United Methodist Church

**All background committee members are invited to attend this meaningful event
as we prepare our hearts for the weekends ahead.**

Be our guest for lunch.

Spiritual Aging

Therefore, we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. 2 Corinthians 4:16

A new member of the bridge club showed up one afternoon wearing a beautiful gold locket. Another player approached her and said, *"That's such a lovely piece. Do you keep a memento in it?"*

"Yes," the woman answered. *"It's a piece of my husband's hair I keep to help me remember."* *"Oh, I'm so sorry,"* the player replied. *"How long ago did he pass away?"* The newcomer quipped, *"Pass away? Oh, he's still alive. It's his hair that's gone!"*

Someone once said, *"Do not regret growing older. It is a privilege denied to many."* And with so much focus today on doing whatever it takes to stay young, many people completely miss out on a biblical understanding of what it means to age. They miss the fact that their gray hairs, baldness, wrinkles, and aches all have a purpose in the plans of God.

So, what is the right biblical understanding of aging? Well, as we see in the above passage, aging is a lifelong tradeoff of the physical for the spiritual. Young people may have more physical vitality but are usually less mature spiritually. As we get older, however, we may lose our physical strength, but we grow spiritually and become more equipped to invest in others' lives. Be willing to make that tradeoff. Don't despise growing older. Instead, embrace your aging as a sign that while you may lose physical vigor, you're growing each day in your spiritual strength.